**Growing stronger conversations** (Box 18)

It is often helpful to end conversations that indicate emotional growth with: **“*I think you’re growing stronger. What do you think?”****….. eg:*

* *I think we both know how hard it was for you to say that. What do you think?*

***I think you’re growing stronger. What do you think?***

* *That’s the first time I’ve heard you say you’re sorry and really want to make up.*

***I think you’re growing stronger. What do you think?***

* *It took such courage I think for you to say that. How do you feel now that we have talked about it* ***I think you’re growing stronger. What do you think?***
* *Did you notice that you played with G…. for the whole playtime with no problems, even though you had to wait sometimes. I’m just thinking that that’s the first time you have done that for so long.* ***I think you’re growing stronger. What do you think?***
* *I noticed you asked for help just now. It can be hard to ask for help when we think we should be able to manage. But its good to be able to ask for help if we need it. How did it feel?* ***I think you’re growing stronger. What do you think?***
* *“Do you know something …………*

***I think you’re growing stronger. What do you think?”***